

Sunday, March 18,

Sunday of St. John Climacus

Holy Bread Fnosis Touliatos

2018

Ushers

Chris Apalodimas John Kay Harry Sinis

Greeters

Epistle Reader Scott McKee

Coffee Fellowship

Hosted by Gus Mavaraganis for the 40 Day Memorial of his wife, Helen

ANNUNCIATION GREEK ORTHODOX CHURCH

573 North Highland Street, Memphis, TN 38122 Phone: (901) 327-8177 † FAX: (901) 327-4440 www.goann.net † annunciationmemphis@gmail.com Rev. Father Simon Thomas, Parish Priest Rev. Father Nicholas Vieron, Pastor Emeritus

Welcome to the Annunciation Greek Orthodox Church. We are blessed that you have come to our worship service, and hope that you will be both enlightened and inspired. Every Sunday we celebrate the Resurrection of our Lord, God, and Savior Jesus Christ. The Christian Orthodox Church is the Church of the Resurrection and we rejoice in the Lord's triumph over death.

If you are attending an Orthodox Church for the first time, our service may be foreign and perplexing to you. We assure you that everything we do is firmly rooted in the Scriptures. Please feel free to participate to the level that you feel comfortable.

The Orthodox Church understands the Eucharist – the Lord's Supper – to be, among other things, the paramount expression of Christian unity. The unfortunate reality of our day is that the various segments of Christendom are not unified with the historic Orthodox Faith. We fervently pray for this unity as noted in every service of the Orthodox Church. Since participation in the Eucharist expresses a unity with all the dogma and practices of the Orthodox Church, non-Orthodox guests do not receive Holy Communion. All guests are invited to receive the blessed bread at the end of the service.

First Antiphon

Through the intercessions of the Theotokos, Savior, save us!

Verse 1: Bless the Lord, O my soul, and all that is within me bless His holy name.

Psalm 102:1

Verse 2: Bless the Lord, O my soul, and forget not all that He has done for you.

Psalm 102:2

Verse 3: The Lord in heaven has prepared His throne, and His kingdom rules over all.

Psalm 102:17

Glory to the Father, and to the Son, and to the Holy Spirit, both now and forever, and to the ages of ages. Amen.

Second Antiphon

Save us, O Son of God, Who arose from the dead. We sing to You: Alleluia

Verse 1: Praise the Lord, O my soul; I will praise the Lord in my life; I will chant unto my God for as long as I have my being.

Psalm 145:1-2

Verse 2: Blessed is He of whom the God of Jacob is his help, whose hope is in the Lord his God.

Psalm 145:5

Verse 3: The Lord shall be King unto eternity; your God, O Zion, from generation to generation.

Psalm 145:10

Glory to the Father, and to the Son, and to the Holy Spirit, both now and forever, and to the ages of ages. Amen.

Third Antiphon

Apolytikion of the Sunday

Verse: This is the day the Lord has made; let us be glad and rejoice in it. Let the heavens and the earth praise Him.

Psalm 117:24; Psalm 68:34

Resurrectional Apolytikion

Sung before and after the Small Entrance in the Eighth Mode

From on high did You descend, O Compassionate One; to burial of three days have You submitted that You might free us from our passions. O our Life and Resurrection, Lord, glory be to You.

Apolytikion for St. John Climacus

Sung after the hymn above in the Eighth Mode

With the streams of your tears, you did cultivate the barrenness of the desert; and by your sighings from the depths, you did bear fruit a hundredfold in labours; and ou became a luminary, shining with miracles upon the world, O John our righteous Father. Intercede with Christ God that our souls be saved.

Hymn of the Annunciation

Sung after the hymn above in the Fourth Mode

Today is the beginning of our salvation and the revelation of the mystery before the Ages. The Son of God becomes the Son of the Virgin, and Gabriel proclaims the great grace. Therefore, with him let us cry out unto the Theotokos, "Hail, Rejoice, O highly favored one; the Lord is with you."

Σήμερον τῆς σωτηρίας ἡμῶν τὸ κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος μυστηρίου ἡ φανέρωσις ὁ Υἰὸς τοῦ Θεοῦ, Υἰὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ημεις σὺν αὐτῷ τῆ Θεοτόκῳ βοήσωμεν Χαῖρε κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

Seasonal Kontakion

Sung after the hymn above in the Eighth Mode

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

Sunday, Mar 18, 2018

St. Cyril, Patriarch of Jerusalem

Sts. Trophimos & Eukarpion

Monday, Mar 19, 2018

Sts. Chrysanthos & Daria

St. Demetrios the New Martyr

Tuesday, Mar 20, 2018

Fathers Monastery of

St. Savas

St. Cuthbert the Wonderworker

Wednesday, Mar 21, 2018

St. James the Confessor

St. Thomas, Patriarch of Constantinople

Thursday, Mar 22, 2018

St. Basil of Ancyra Sts. Kalliniki & Vassilisa

Friday, Mar 23, 2018

St. Nikon & Companions

Sts. Anatolios & Protoleon

Saturday, Mar 24, 2018

Forefeast of Annuncia-

St. Tikhon, Patriarch of Moscow

Epistle: Hebrews 6:13-20

Prokeimenon. Mode Plagal 4. Psalm 75.11,1

Make your vows to the Lord our God and perform them. Verse: God is known in Judah; his name is great in Israel.

The reading is from St. Paul's Letter to the Hebrews 6:13-20

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Sunday, Mar 18, 2018 Fast Day (Wine and Oil Allowed) | Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.

Monday, Mar 19, 2018 Strict Fast | Refrain from meat, fish, oil, wine, dairy, and eggs.

Tuesday, Mar 20, 2018 Strict Fast | Refrain from meat, fish, oil, wine, dairy, and eggs.

Wednesday, Mar 21, 2018

Strict Fast | Refrain from meat, fish, oil, wine, dairy, and eggs.

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Saturday, Mar 24, 2018 Fast Day (Wine and Oil Allowed) | Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.

Gospel: Mark 9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the around and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

Visitation Committee

March: Linda Nichols, Anne Schmitt, & Debbie Bookas

April: Cary Chiungos & Mary Katherine Taras

May: Demie Bitinis, Tricia Grantham, Emily Capadalis Love, & Georgia Karris

June: Despina Karas & Angela Tobias

July: Maria Moore & Diane Kavelaras

August: NEED VOLUNTEERS

September: Susanna Peters & Cathe Skefos

October: Sophie Theodore & Kristine Wagner

November: Loretta Taras & Tasia Vergos

December: Anastasia Terranova & Athena Jamison

January: Nancy Tashie, Jan Futris & Tina Liollio

February: Vicki Hoover & Evangelina Panas

The following members of our parish family have requested visitation. For address and/or contact information please check your parish directory or contact the Church Office.

Alec Collis Maria Hetos Kosta Taras

Alex Gogonelis Stella Nichols

Please contact Kristine Wagner if you would like to volunteer to be on the 2018-2019 Visitation Committee, a ministry of the Elpis Philoptochos.

Announcements

- "Fundamentals of Financial Well-Being, Sunday, March 18th, in the Library following services. The second in a series is offered by Maria Popa, MBA and Financial Advisor. The topic of this presentation will be: Financial Goal Setting a) Prioritize b) Getting out of debt C) Home ownership d) Retirement e) College f) Supporting parents/ family g) Car/ Dream vacation: Taking control of debt a) Understand your debt b) Clarify your debt c) Create a debt payment plan d) Balance debt and your financial goals. Please join us!
- ♦ Elpis General Meeting, March 20th, 6:00 pm in Cotros Hall
- ◆ 2018 Lenten Lecture Series and Dinners 7:00 pm each Wednesday immediately following Pre-Sanctified Liturgy

MARCH 21 - FR. LARRY LEGAKIS
Dinner sponsored by AHEPA

MARCH 28 - DR. ARISTOTLE PAPANIKOLAOU

Dinner sponsored by Elpis Philoptochos

- Fundamentals of Financial Well-Being, Sunday, March 25th, in the Library following services. The third in a series is offered by Maria Popa, MBA and Financial Advisor. The topic of this presentation will be: Protecting Your Income a) The value of your income b) Income Risks c) Defining Disability d) Income Replacement e) Disability Income Insurance: Understanding Life Insurance a) What is Life Insurance? b) Types of Life Insurance c) What else can permanent life insurance do? d) How much do you need? Everyone should participate! Please join us!
- ♦ Parish Council Meeting, Monday, March 26th 6:15 pm in the Library
- **Becoming Truly Human**—Follow Basil as he navigates our modern cultural landscape, engaging with a group of spiritual "nones" (religious unaffiliated) in honest and open discussion on religion and spirituality, while recounting his own journey as a "none" in search of spiritual wholeness.

3 Screenings

Tuesday, April 24 7:00 pm—Malco Forest Hill Cinema Grill Wednesday, April 25 7:00 pm—Malco Studio on the Square Thursday, April 26 7:00 pm—Cordova Town Cinema

- ◆ Library News: We have Lenten reading available here in the parish library including The Lenten Spring, Great Lent, and the Lenten Covenant. New library arrivals-Tears of Repentance, Know Your Faith, and Everyday Saints and Other Stories. Don't forget to look for our monthly book reviews in the parish epistle! Come check us out on Tuesdays 10:00am to 2:00pm or see me after services and I will help you find a book. Billy Benson
- Elpis Spring Canned Goods Drive, Elpis will be collecting non-perishable food items & toiletries throughout the month of March. Please bring donated items to the table set up in Cotros Hall. All items will be donated to those in need throughout Memphis.
- ♦ **Stewardship Cards:** By now you should all have received your 2018 Stewardship Information packet in the mail. Please prayerfully consider your pleage and turn your Stewardship Card in to Maria Moore or mail to/drop it by the church office. Thank you!

Weekly Schedule

Sunday, March 18th, Sunday of St. John Climacus

- † Orthros/Divine Liturgy 8:45 am
- † 40 Day Memorial for Helen Mavraganis
- † Nursery available 10:00 am—12:00 Noon
- † Sunday School 11:00 am
- † Coffee Fellowship hosted by Gus Mavraganis on the 40 Day Memorial of Helen Mavraganis 12:00 Noon in Cotros Hall
- † Athenian Dance Troupe Practice—Mandatory for March 25th performance 12:30 pm—2:00 pm
- † The Fundamentals of Financial Well Being: Part 2—Financial Goal Setting/Taking Control of Debt—offered by Maria Popa, MBA and Financial Advisor. 12:00 Noon in the Library
- † More Than A Meal—We invite you to join us to cook & serve for our monthly ministry. We will gather after Divine Liturgy to cook food, then gather at Grace-St. Luke's to serve at 3pm. This is open to all members of the community!

Monday, March 19th

† Fr. V's Adult Greek Class 6:30 pm

Tuesday, March 20th

- † Library Open 10:00 am 2:00 pm
- † Elpis General Meeting 6:30 pm
- † Choir Practice 6:30 pm

Wednesday, March 21st

- † Ninth Hour 5:30 pm
- † Pre-Sanctified Liturgy 6:00 pm
- † Lenten Dinner hosted by AHEPA with our Lenten Speaker: Fr. Larry Lagakis from Holy Trinity Parish, Toledo, OH 7:00 pm

Thursday, March 22nd Great Canon of Andrew of Crete

†Festival Workshop—Macaroons 9:00 am—3:00 pm

Friday, March 23rd, Akathyst Hymn

† Festival Workshop – Macaroons 9:00 am—3:00 pm

† Akathyst Hymn 6:30 pm

Saturday, March 24th

- † DOP General Meeting & Luncheon Set up 10:00 am
- † Athenian Dance Troupe Practice—12:30 pm
- † Great Vespers 5:00 pm
- † GOYA—Grizzlies vs. Lakers evening game. Check your GOYA email for exact time & meet up details.

Sunday, March 25th, THE ANNUNCIATION

Greek Independence Day

- † Orthros/Divine Liturgy 8:45 am
- † Nursery available 10:00 am—12:00 Noon
- † Sunday School 11:00 am
- † Feast of the Annunciation/Greek Independence Day Luncheon with performances by the Athenian Dance Troupe and Greek School 12:00 pm

Monday, March 26th

† Parish Council Meeting 6:30 pm