

*SUNDAY, MARCH 12, 2017*  
*SUNDAY OF ST. GREGORY PALAMAS*

**Resurrectional Apolytikion in the Plagal First Tone**

Let us worship the Word, O you faithful, praising Him that with the Father and the Spirit is co-beginningless God, Who was born of a pure Virgin that we all be saved; for He was pleased to mount the Cross in the flesh that He assumed, accepting thus to endure death. And by His glorious rising, He also willed to resurrect the dead.

**Apolytikion for Sun. of St. Gregory Palamas  
in the Plagal Fourth Tone**

Light of Orthodoxy, pillar and teacher of the Church, adornment of monastics, invincible champion of theologians, O Gregory you wonderworker, boast of Thessalonica, herald of grace: ever pray that our souls be saved.

**Hymn of the Annunciation in the First Tone**

Today is the beginning of our salvation and the revelation of the mystery before the Ages. The Son of God becomes the Son of the Virgin, and Gabriel proclaims the great grace. Therefore, with him let us cry out unto the Theotokos, "Hail, Rejoice, O highly favored one; the Lord is with you."

Σήμερον τῆς σωτηρίας ἡμῶν τὸ κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος μυστηρίου ἢ φανέρωσις· ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

**Seasonal Kontakion in the Plagal Fourth Tone**

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

***THIS WEEK'S SERVERS***

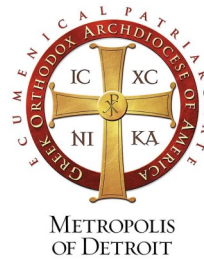
**Epistle Reader:** Scott McKee

**Prosfora:** Enosis Touliatos

**Usher Duty Team 2:** Naji Nassif, Diane Kavelaras & Demie Bitinis

**Greeters:** Anastasia Terranova & Phani Mitchell

**Coffee Hour** hosted by the Kay family in memory of Pete James Kay Sr. and Pete James Kay Jr.



**ANNUNCIATION GREEK  
ORTHODOX CHURCH**

573 North Highland Street, Memphis, TN 38122

Phone: (901) 327-8177 † FAX: (901) 327-4440

www.goann.net † annunciationmemphis@gmail.com

Rev. Father Simon Thomas, Parish Priest

Rev. Father Nicholas Vieron, Pastor Emeritus

**SUNDAY, MARCH 12, 2017**

We welcome you to the Annunciation Greek Orthodox Church and are blessed that you have come to our worship service. We hope that this worship experience is both enlightening and inspirational. Each Sunday is the day in which we commemorate the Resurrection of our Lord, God and Savior Jesus Christ. The Christian Orthodox Church is the Church of the Resurrection and we rejoice in the Lord's triumph over death.

If you are a visitor to our Parish we encourage you to follow the Divine Liturgy book to assist you in following the Liturgy. Please understand that the Christian Orthodox Church does not practice inter-communion with other Christian denominations. Though we may share a common belief in the Holy Trinity, our churches are not yet one in faith and practice. We believe that Holy Communion is not the means to Christian unity but it is in fact the fullest expression of that unity. We fervently pray for this unity as noted in every divine service of the Orthodox Church. Please do not approach for Holy Communion if you are not a baptized/chrismated Orthodox Christian. Feel free to contact Father Simon if you desire to learn more about the Christian Orthodox Church, the Church of the New Testament.

We would like to remind all Orthodox Christians to be spiritually prepared and in proper canonical standing with the Church in order to partake of the Holy Eucharist.

***THE LIVES OF THE SAINTS***

On this the 12th day of the month of March, we commemorate the Sunday of Saint Gregory Palamas, Theophanes the Confessor, Symeon the New Theologian, Gregory Dialogos, Bishop of Rome and Paul Aurelian, Bishop of Brittany.

By their holy intercessions, O Christ our God, have mercy on us. Amen.

## *Epistle Reading -Hebrews 1:10-14; 2:1-3*

**Prokeimenon. Plagal First Tone. Psalm 11.7,1.**

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

## *Gospel Reading - Mark 2:1-12*

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

## *VISITATION COMMITTEE*

The following parishioners have requested visitation. Please contact them directly to schedule visitations. For address &/or contact information please check your parish directory or contact the office.

Alec Collis

Pat Bacopulos Cooper - contact Marianthe Pilcher for visiting arrangements

Edna Nichopoulos

Zoe Nickas

Kosta Taras - contact Loretta Taras for visiting arrangements

Presvytera Bess Vieron

### *Visitation Committee Volunteers for 2017*

**March:** Linda Nichols & Anne Schmitt

**April:** Cary Chiungos & Mary Katherine Taras

**May:** Demie Bitinis, Tricia Grantham & Emily Love

**June:** Despina Karas/Angela Tobias

**July:** Maria Moore & Diane Kavelaras

**August:** Stephanie Poplos & friend

**September:** Susanna Peters, Maria Apalodimas & Cathe Skefos

**October:** Sophie Theodore & Kristine Wagner

**November:** Connie Cotros, Loretta Taras & Tasia Vergos

**December:** Anastasia Terranova & Athena Jameson

**January:** Nancy Tashie, Jan Futris & Tina Liollo

**February:** Vicki Hoover & family

*Please contact Kristine Wagner if you would like to volunteer to be on the visitation committee.*

## *LITURGICAL DONATIONS*

Father Simon is often approached by parishioners wanting to donate Liturgical items. If you would like to donate towards these items, the typical cost of each item is as follows:

Wine - \$25, Oil - \$20, Incense - \$10

## *FASTING THIS WEEK*

This week we observe the Fast for Great Lent by abstaining from meat, dairy, fish, wine & oil. Saturday & Sunday wine & oil are allowed.

## THIS WEEK'S SCHEDULE

**Sunday, March 12 Sunday of Saint Gregory Palamas**

- ◆ **DAYLIGHT SAVINGS TIME BEGINS - MOVE YOUR CLOCKS ONE HOUR FORWARD**
- ◆ **Orthros** 8:45 am
- ◆ **Divine Liturgy** 10:00 am
- ◆ **Nursery available** 9:30 am - 12:00 Noon
- ◆ **Sunday School** 11:00 am
- ◆ **Coffee Hour** hosted by the Kay family in memory of Pete James Kay, Sr. and Pete James Kay, Jr.

**Monday, March 13**

- ◆ **Great Compline** 6:30 pm
- ◆ **Fr. Vieron's Adult Greek Class** 6:30 pm

**Tuesday, March 14**

- ◆ **Bible Study** 6:30 pm

**Wednesday, March 15**

- ◆ **Service of the Ninth Hour** 5:30 pm
- ◆ **Presanctified Liturgy** 6:00 pm
- ◆ **Lenten Lecture** with Fr. Nicholaos Kostis & **Dinner** hosted by the Daughters of Penelope 7:00 pm

**Thursday, March 16**

- ◆ **Young at Heart** 11:30 pm
- ◆ **Girl Scouts** 4:15 pm
- ◆ **Fr. V's Adult Greek Class Sanctuary Tour and Greek Night** 6:30 pm

**Friday, March 17**

- ◆ **Festival Workshop - Spanakopita** 9:00 am
- ◆ **Salutations to the Virgin Mary** 6:30 pm

**Saturday, March 18**

- ◆ **Festival Workshop - Spanakopita** 9:00 am
- ◆ **Athenian Dance Troupe Practice**
  - ◆ **Juniors** 10:00 am
  - ◆ **Seniors** 11:00 am

**Sunday, March 19 Sunday of the Holy Cross**

- ◆ **Orthros** 8:45 am
- ◆ **Divine Liturgy** 10:00 am
- ◆ **Nursery available** 9:30 am - 12:00 Noon
- ◆ **Sunday School** 11:00 am
- ◆ **GOYA Meeting** 12:00 Noon
- ◆ **Greek Independence Day Luncheon with Athenian Dance Troupe performance** 12:00 Noon
- ◆ **More Than a Meal Serving Team** 3:00 pm

## ANNOUNCEMENTS

- ◆ **Greek Independence Day Luncheon with Athenian Dance Troupe Performance** 12:00 Noon on Sunday, March 19
- ◆ **Scholarship Information** can be found on the Parish Website at <http://goann.net/education/scholarships> and on our Facebook page at <https://www.facebook.com/Annunciation-Greek-Orthodox-Church-120815681264112/>
- ◆ **Feast of the Annunciation Orthros/Divine Liturgy** 9:00 am on Saturday, March 25, immediately followed by **Annunciation Brunch** hosted by Elpis
- ◆ **JOY - Spiritual Education - Celebrate our Parish Feast Day Together!** 11:00 am Saturday, March 25

### Lenten Lecture Series

**Wednesday, March 15<sup>th</sup>**

**Speaker:** Rev. Fr. Nicholaos Kotsis, Presiding Priest, St. Nicholas Greek Orthodox Church, Ann Arbor, MI

**Dinner Hosts:** Daughters of Penelope

**Wednesday, March 22<sup>nd</sup>**

**Speaker:** His Eminence Metropolitan Nicholas of Detroit

**Dinner Hosts:** Romanian Families

**Wednesday, March 29<sup>th</sup>**

**Speaker:** Elizabeth Hawkins, Chaplain at Le Bonheur Children's Hospital Memphis

**Dinner Hosts:** Elpis Philoptochos

**Wednesday, April 5<sup>th</sup>**

**Speaker:** Rev. Fr. Stavros Ballas, Presiding Priest, Annunciation Greek Orthodox Church, Chattanooga, Tennessee

**Dinner Hosts:** Sinis Family

### Memphis Greek Festival March Workshops

**March 17 – 18 & March 31 & April 1: Friday & Saturday**

**Spanakopita** 9:00 am – 5:00 pm

**March 23 – 24 Thursday & Friday**

**Macaroons** 9:00 am – 5:00 pm

To volunteer to help out during the Festival please sign up under one of the tabs at <http://bit.ly/2mbMNoA>.