



Annunciation Greek Orthodox Church

573 N. Highland Street, Memphis, TN 38122

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Our Father and Chief Shepherd:

His Eminence,

Metropolitan NICHOLAS of Detroit

REV. FR. SIMON THOMAS, Parish Priest

REV. FR. NICHOLAS VIERON, Pastor *Emeritus*

MR. WILLIAM A. KALLAS, Pastoral Assistant

Welcome!

We are blessed that you have chosen to participate in our worship service and pray that you will be both enlightened and inspired. We encourage you to ask questions and please contact our ministry leaders if you would like to volunteer your time and talents. Thank You!

SUNDAY DIVINE SERVICES BEGIN AT 9:00am

NURSERY AVAILABLE AT 10:00am

GUIDELINES FOR HOLY COMMUNION

The Orthodox Church understands the Eucharist—the Lord's Supper—to be primarily the paramount expression of Christian unity. The unfortunate reality of our modern day is that the various segments of Christendom are not unified with the historic Orthodox faith. While we fervently pray for this unity, as noted in every service of the Orthodox Church, we must offer a reminder that only baptized and chrismated Orthodox Christians may receive Holy Communion. All guests are invited to receive the blessed bread at the conclusion of our divine services.

Sunday, July 21, 2019

THE 5th Sunday of Matthew

Epistle Reader:

Homilist: Rev. Fr. Simon Thomas

Visitation Committee JULY 16-31

Diane Kavelaras & Maria Moore

Volunteers are needed in

August, September!

HYMNS OF THE DAY

RESURRECTION APOLYTIKION: FOURTH MODE

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

Having learned the joyful tidings the angels told when they proclaimed the Resurrection, the women followers of the Lord did cast aside the ancient curse laid up on the forefathers. To the apostles, the women cried out with pride: Death has lost its armored might, and Christ God is risen from the dead, granting His great mercy to all the universe!

APOLYTIKION FOR THE ANNUNCIATION: FOURTH MODE

GREEK TEXT: Σήμερον τῆς σωτηρίας ἡμῶν τὸ κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος μυστηρίου ἡ φανέρωσις· ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

GREEK PHONETICS: Simeron tis sotirias imon to kefaleon ke tu ap eonos mistiriu e fanerosis, o Ios to Theou, Ios tis Parthenu ginete ke Gavriil tin harin evangelizete. Thio ke e mis sin afto ti Theotoko voisomen, Haire ke haritomeni o Kirios meta Su.

ENGLISH TEXT: Today is the beginning of our salvation and the revelation of the mystery before the Ages. The Son of God becomes the Son of the Virgin, and Gabriel proclaims the great grace. Therefore, with him let us cry out unto the Theotokos, "Rejoice, O highly favored one; the Lord is

SEASONAL KONTAKION: SECOND MODE

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἡ προστατεύουσα αἰεὶ Θεοτόκε, τῶν τιμώντων σε.

O Protection of Christians which cannot be put to shame, Mediation unto the Creator unwavering, do not turn from the pleading voices of those who have sinned, but quickly now unto the aid of all the faithful who cry out unto you, who are kind and good. Hasten your intercession, and speedily make supplication, for you at all times will protect, Theotokos, those who honor you.

READINGS OF THE DAY

EPISTLE READING

Saint Paul's Letter to Romans (10:1-10)

Prokeimenon. Fourth Mode. Psalm 103.

O Lord, Your works shall be magnified greatly; You made all things in wisdom.

Verse: Bless the Lord, O my soul. O Lord my God, You are magnified exceedingly.

Brethren, my heart's desire and prayer to God for them is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that every one who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

GOSPEL READING

The Gospel According to Saint Matthew (8:28-34; 9:1)

At that time, when Jesus came to the other side, to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city.

DURING THE WEEK

Sunday, July 21st (*John and Symeon the Fool for Christ, Parthenios — Bishop of Artta*)

Fast Free Day: No fasting restrictions

3:00p—More than a Meal at Grace-St. Luke's Episcopal Church

Monday, July 22nd (*Mary Magdalene — Myrrh-bearer and Equal to the Apostles, Markella*)

Fast Free Day: No fasting restrictions

Tuesday, July 23rd (*Phocas the Martyr, Exekiel the Prophet, Pelagia the Righteous of Tinos*)

Fast Free Day: No fasting restrictions

10:00am Library will be Open

Wednesday, July 24th (*Christina the Great Martyr of Tyre, Athenagorus the Apologist*)

Strict Fast Day: Refrain from meat, wine, oil, fish, dairy, and eggs

Thursday, July 25th (*Dormition of Anna — Mother of the Theotokos, Olympias the Deaconess*)

Fast Free Day: No fasting restrictions

Friday, July 26th (*Paraskeve the Righteous Martyr of Rome, Hieromartyr Hermolaus, Hermippus*)

Fast Day: Refrain from meat, fish, dairy, and eggs (wine and oil permitted)

Saturday, July 27th (*Panteleimon the Great Martyr & Healer, Nicholas of Novgorod*)

Fast Free Day: No fasting restrictions

Quick Parish Announcements

- Father Simon and our Pastoral Assistant will be attending St. Nicholas Camp this week with eight children from our community. We pray they have a spiritually edifying experience.
- The Daughters of Penelope will be hosting a 40th Anniversary Dinner on Friday, August 23rd at the Ridgeway Country Club. Each ticket costs \$80 dollars. Proceeds will support Toni Montgomery's medical treatment at Mayo Clinic.
- Our parish is still in need of volunteers to assist on the Visitation Committee for July, August, and September. Please consider joining this valuable ministry today!
- More than a Meal is scheduled for today at 3:00pm at Grace-Saint Luke's. All our welcome to attend this valuable ministry.