

Annunciation Greek Orthodox Church

573 N. Highland Street, Memphis, TN 38122

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Our Father and Chief Shepherd:

His Eminence,

Metropolitan NICHOLAS of Detroit

REV. FR. SIMON THOMAS, Parish Priest

REV. FR. NICHOLAS VIERON, Pastor *Emeritus*

MR. WILLIAM A. KALLAS, Pastoral Assistant

Welcome!

We are blessed that you have chosen to participate in our worship service and pray that you will be both enlightened and inspired. We encourage you to ask questions and please contact our ministry leaders if you would like to volunteer your time and talents. Thank You!

SUNDAY DIVINE SERVICES BEGIN AT 9:00am

NURSERY AVAILABLE AT 10:00am

GUIDELINES FOR HOLY COMMUNION

The Orthodox Church understands the Eucharist—the Lord's Supper—to be primarily the paramount expression of Christian unity. The unfortunate reality of our modern day is that the various segments of Christendom are not unified with the historic Orthodox faith. While we fervently pray for this unity, as noted in every service of the Orthodox Church, we must offer a reminder that only baptized and chrismated Orthodox Christians may receive Holy Communion. All guests are invited to receive the blessed bread at the conclusion of our divine services.

Sunday, July 7, 2019

3rd SUNDAY OF MATTHEW

Homilist: Rev. Fr. Simon Thomas

Visitation Committee JULY 1-15

NEED VOLUNTEERS

Volunteers are needed in
July, August, September!

HYMNS OF THE DAY

RESURRECTION APOLYTIKION: SECOND MODE

Ότε κατήλθες πρὸς τὸν θάνατον, ἡ Ζωὴ ἢ ἀθάνατος, τότε τὸν Ἄϊδην ἐνέκρωσας τῇ ἀστραπῇ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς τεθνεῶτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ Δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν δόξα σοι.

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You.

APOLYTIKION FOR THE ANNUNCIATION: FOURTH MODE

GREEK TEXT: Σήμερον τῆς σωτηρίας ἡμῶν τὸ κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος μυστηρίου ἡ φανέρωσις· ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

GREEK PHONETICS: Simeron tis sotirias imon to kefaleon ke tu ap eonos mistiriu e fanerosis, o Ios to Theou, Ios tis Parthenu ginete ke Gavriil tin harin evangelizete. Thio ke e mis sin afto ti Theotoko voisomen, Haire ke haritomeni o Kirios meta Su.

ENGLISH TEXT: Today is the beginning of our salvation and the revelation of the mystery before the Ages. The Son of God becomes the Son of the Virgin, and Gabriel proclaims the great grace.. Therefore, with him let us cry out unto the Theotokos, "Rejoice, O highly favored one; the Lord is with you."

SEASONAL KONTAKION: SECOND MODE

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἡ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμώντων σε.

O Protection of Christians which cannot be put to shame, Mediation unto the Creator unwavering, do not turn from the pleading voices of those who have sinned, but quickly now unto the aid of all the faithful who cry out unto you, who are kind and good. Hasten your intercession, and speedily make supplication, for you at all times will protect, Theotokos, those who honor you.

READINGS OF THE DAY

EPISTLE READING

Saint Paul's Letter to the Galatians (3:23-29; 4:1-5)

Prokeimenon. Fourth Mode. Psalm 67.

God is wondrous in His saints.

Verse: Bless God in the churches.

Brethren, before faith came, we were confined under the law, kept under restraint until faith should be revealed. So that the law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth his Son, born of a woman, born under the law, to redeem those who were under the law, so that we might receive adoption as sons.

GOSPEL READING

The Gospel According to Saint Matthew (6:22-33)

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is not sound, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well."

DURING THE WEEK

Sunday, July 7th (*Thomas the Righteous of Malea, Kyriake the Great Martyr*)

Fast Free Day: No fasting restrictions

9:00am—Orthros/Divine Liturgy

Coffee Fellowship Hosted by the Daughters of Penelope

Monday, July 8th (*Great Martyr Procopius, Theophilos the Myrrhbearer of Pantokrator*)

Fast Free Day: No fasting restrictions

Tuesday, July 9th (*Hieromartyr Pancratius, Dionysios the Orator, Metrophanes of Mt. Athos*)

Fast Free Day: No fasting restrictions

10:00am Library will be Open

Wednesday, July 10th (*45 Holy Martyrs of Nikopolis, Gregory—Bishop of Assa*)

Strict Fast Day: Refrain from meat, fish, oil, wine, dairy, and eggs

Thursday, July 11th (*Euphemia the Great Martyr, Olga—Equal to the Apostles*)

Fast Free Day: No fasting restrictions

6:00pm—Welcome Center Committee Meeting

Friday, July 12th (*Proclus & Hilary the Martyrs of Ancyra, Michael of Maleinus*)

Strict Fast Day: Refrain from meat, fish, oil, wine, dairy, and eggs

Saturday, July 13th (*Synaxis of the Archangel Gabriel, Stephen of Mar Sabbas Monastery*)

Fast Free Day: No fasting restrictions

Quick Parish Announcements

- Next Sunday, our Ministry Leaders will be meeting to discuss our parish's master calendar for the Fall 2019 and Spring 2020.
- Our parish is still in need of volunteers to assist on the Visitation Committee for July, August, and September. Please consider joining this valuable ministry today!
- Our parish is also in need of volunteers to assist baking prosthophora each month.

We welcome any person who can offer their time to assist with these ministries.